

SUN SENIOR NEWS

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Bill and Marie Ah Fong — Home Together at Last

BY RUTH MORSE

Bill and Marie Ah Fong have lived in Sun City Roseville full-time since 2005, after purchasing the house in 1998. Marie was visiting one of her best friends in August of 1997 to attend a birthday party. The friend was housesitting in the then new Sun City Roseville and showed Marie around where she fell in love with the Timberlodge. Marie went home and asked Bill to come and see her “dream home” so the couple came up in November on the event of their fifth anniversary. They put good faith money on the table for the house the same weekend and waited for the home to be built. The house was ready for ownership on September 4, 1998. Between September 1998 and 2005, they visited every other week from Santa Clara until they finally settled in permanently. During the commuting years, they established friendships with all the neighbors on the street.

Bill and Marie’s marriage was not the first for either one of them. They met at an



Bill and Marie Ah Fong

Association Meeting for a condo complex in Santa Clara where they both lived. They started dating in 1991 and married in 1992. Between them, they have one daughter, two deceased sons, five grandchildren and four great-grandchildren. Before they met and

married, they had many divergent experiences.

Marie was born in Charleston, West Virginia and grew up in Saratoga, California. The family lived in a tent on the property in Saratoga for two years while her father built their house. She remembers it being an adventure. Her parents were able to live so frugally that there was never a mortgage for the property or house. She was dissuaded from attending college since her family felt it was not necessary for a girl. After high school, she married her first husband and had two sons. After a divorce, she floated around doing temp work and started attending college in her early thirties. She graduated at the age of thirty-eight, having been on the honor roll throughout her college career. Becoming a computer professional and programmer, she eventually retired from the industry while working at National Semi-Conductor.

Bill had an entirely different trajectory (cont’ on page 21)

SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,
Public Relations Director

Returning to Our Active Lives

As of this writing, we are learning that the Sun City facilities will reopen soon. While we have patiently waited and are now excited to hear this, some operations will need to open somewhat slowly. The Foundation’s Home Maintenance Program will need several weeks before they can safely begin their services. Continuing volunteers will need time to refresh themselves on practices and procedures. New volunteers that we hope will be joining the program will need time to be introduced to the work and be partnered with an experienced volunteer. The program is a highly appreciated Foundation service available to all residents, both owners and tenants, and we are committed to ensuring the safety of residents and volunteers. As a team arrives at a residence to address a repair request, they will follow the prescribed safety practices of wearing masks and gloves and showing their vaccine record cards to the resident. We ask that each household also show that they have received both doses of the vaccines.

In order to know when services will again (cont’ on page 28)



Music and Laughter

BY JANE BOHN

Looks like we finally will have a music event in June. Time and place still undetermined so you will have to email or phone me. Those of you already signed on the Music and Laughter e-mail list will of course receive details as they develop. Meanwhile, have no fear, July will have us pretty much back to some normalcy. We miss our fantastic fan club and of course the music and laughter provided by all our musicians and friends. We look forward to seeing you all soon and are getting excited to be able to share more joy and laughter that we all desperately need during these hectic times. Yes it’s happening. Our Music and Laughter Group is coming back.

Harmonicoots

BY JENNIFER MARTIN

“I must admit that I personally measure success in terms of the contributions an individual makes to her or his fellow human beings”—Margaret Mead

Steve and Amy Cho are relatively new to SCR, having arrived here in 2018, after working for IBM in San Jose (Amy) and Pacific Telephone in San Francisco (Steve). They met in college, each eventually obtaining a Masters’ degree in Computer Science, then got married in 1974. Their daughter and son-in-law are both physicians who live in Roseville.

Since both share an interest in bettering their community, they founded the first chapter in California of the Organization of



Steve and Amy Cho

Chinese Americans. With a goal of integrating Chinese into mainstream America, OCA now has chapters across America. Steve was also appointed to the Planning Commission of Fremont and then was asked to run for City Council. He became the first Chinese City Council member of Fremont in 2000 and served two four-terms before running for Mayor in 2008.

Now Steve and Amy have maintained their commitment to helping the community by serving on various boards here. Steve is on the Government Affairs and Finance Committees, while Amy serves as co-director of Sunshine Services’ Medical Equipment Loan Program. They’re also active in the International Club, bridge and table tennis.

Steve got interested in the Harmonicoots

(more Club News cont’ on page 5)

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The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

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From the Editors



Gregg and I just received the best promotion we could have ever asked for, and that's becoming Grandparents!

Our oldest daughter Madison and her husband Nick had a little girl and they named her Laken Lucia (Lucia after my mom). As you can imagine, we are over the moon and of course we can't get enough of her.

We are grateful to our readers who have been part of our journey, from the



Gregg and Liz Goldthorpe with baby Laken.



Liz Goldthorpe with daughters' Emily, Madison and baby Laken.

birth of our daughters, Madison and Emily, through the birth of our first granddaughter, covering over 30 years!

Now, here's to being called—
 Grandpa Gregg and
 Grandma Liz!



Letters to the Editors...

Authors are solely responsible for the content of their letters.

Citizens Patrol – Safety for our Community

We want Sun City Residents to be aware that the Board, after receiving many emails from residents concerned about the removal of Citizens Patrol, has decided to continue Citizens Patrol thru 2021, which is dependent on getting more volunteers for this needed service to our community.

Citizens Patrol (CP) are volunteers who patrol our community acting as the eyes and ears for our Sun city residents. By patrolling our community on a regular

basis, CP volunteers keep our community safe. They offer assistance when garage doors are left open, we contact the resident and if they don't answer, then we contact a neighbor giving a real feeling of comfort to the community knowing someone is looking out for them. If unable to contact the resident or a neighbor, we contact the shift captain and see what they suggest, and as a last resort we contact the non-emergency police number and they will come and do a wellness check.

Other services performed by CP are
(cont' on page 27)



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SUN CITY REAL ESTATE MARKET APRIL 2021

	Lincoln	Roseville
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Median Sales Price	\$625K	\$522.5K
Average price per sqft	\$350.9	\$334.2
Average Days on Market	14	8

*Statistics reflect MLS data on 4/30/2021

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Harmonicoots

(cont' from page 1)

in 2019 when he saw a flyer that said Head Coot, Bud Gardner, would be teaching beginning harmonica classes. "I've got to get in that class," he told Amy. She agreed to go with him and soon got hooked herself. "It's one of the most important groups we belong to," she says. "I enjoy the fellowship and the music and appreciate all the things that Bud puts into making it a great experience."

No doubt, this dynamic duo has already enhanced the quality the residents here, especially the Coots.

• • •

SC Singers

BY JACKIE PROETT

It's June and time to celebrate Daddys, Graddys and "I Do" daddys! Hopefully, this year will be more open for happy times together. We've always been able to celebrate Father's Day but walking down the aisle, be it Graduation or Wedding, has been more difficult. Perhaps Covid 19 will no longer be able to block those aisles.

The Singers have enjoyed walking down the Ballroom aisles for many years. Dreaming of Concerts may be premature but getting together again may not be so remote. President, Marla, continues to press opening the back of the Ballroom doors so that Singers may once again make beautiful music.

Business comes first and Nominating Committee Chair, Lori Burt, will have sent

a slate of Officers for your vote, on May 26. The Slate: President, Marla Shuman, Vice President, Lois Habein, Treasurer, Kathleen Snook and Secretary, Nancy Axthelm. If you sent in your vote we will definitely be back in Business. Thanks.

In past years this article would advertise our first Monday in June Concert. As we look ahead we may wonder when we will be able to



Cinco De Mayo.



have another concert. How will our Club look? We may have to reinvent ourselves. How many members will remain and how much rebuilding will we have to do? Somehow, that doesn't seem

a downer. There is always something exciting about the new road, the new adventure. If it involves music, it is always good.

In the meantime, be good to yourselves, share greetings and social activities as this group of Singers did on Cinco de Mayo. Taco Salad Anyone? Not a Margarita in sight, darn!

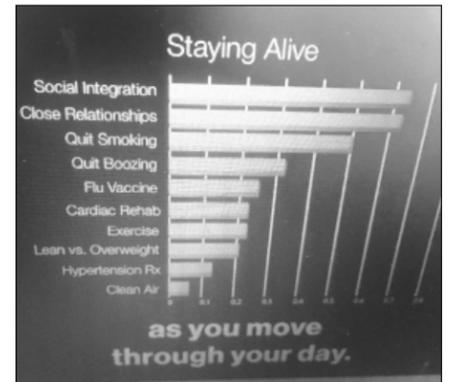
Come join us when we can start singing. This month's music is Pomp and Circumstance and the Wedding March.

• • •

SCR Dance Club

BY LENORA DAVIS

The Dance Club offers a great variety of dance classes with great instructors, but there is another benefit of membership. Recently a study was published that listed the 10 most important factors for increased longevity.



More significant than eating right or exercising are social interaction and close relationships. With that in mind, let me introduce a few of the members of the Dance Club. Most met through the Dance Club and not only enjoyed dancing together, but socializing as well. The last year has been really hard on many of us, but, because these ladies have become such good friends, they have found it easier getting through the difficult times.

Speaking with a few of them, Jan Souto said "The Dance ladies have been a blessing during the Covid pandemic. I think, if anything, this strengthened our

(cont' on page 7)



Dance Ladies: Joan McLaughlin, Jan Souto, Sandy Costanza, Barbara Nunes, Dona Sorenson and Sue Carey.

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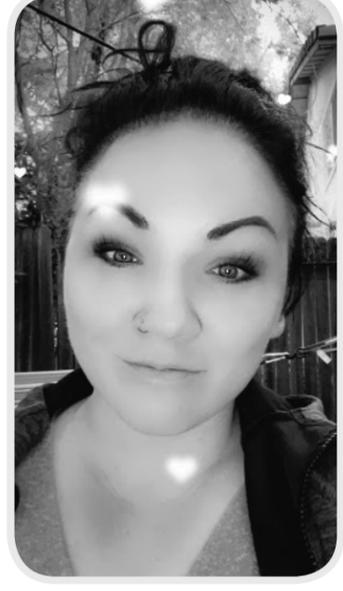
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Executive Director Comments

Celebrate Timbers Lodge and Sierra Pines Community Centers Reopening – June 15th

BY EARL WIKLUND

How appropriate that our 25th Anniversary Celebration planned for June 9th and 10th comes the week before we are scheduled to reopen the Timbers Lodge and the Sierra Pines Community Center on June 15th. The reopening adds to the meaning of what we have to celebrate in Sun City Roseville. Please be sure you pickup information about our anniversary event either on the resident website, or from a Courier Day's handout. Since this is an outdoor drive-through event, you'll want to know that if your last name starts with the letter between A-L we'll expect you on June 9th and M-Z on June 10th; both days from 10:00am to 6:00pm. I know we are planning to give away free goodies you are certain to enjoy.

As of the writing of this article, Placer County is stuck in the Red Matrix since our pandemic statistics are all not improving. It is unlikely that we'll move to a less restrictive tier prior to the reopening date of June 15th. If we do, it would only be for a week or so. That means our services will remain restricted until our full reopening. Departments impacted will center around the Fitness Center, Administration and the Timbers Restaurant. In certain cases, this will impact how these

departments initially open up and we may still expect some limitations in accessing certain services. Please continue to monitor the resident website and eBlasts for additional information going forward. Let's all work together to make our Community's reopening a positive and happy event. Although things might be different initially.

So, what will be the new normal look like as we reopen? For the most part, I suspect we'll reopen at 75% of the normal we have all enjoyed in the past. I sincerely believe we'll take 3 to 6 months to achieve 90% but there will be some lasting changes. Some of those changes will be caused by changes to the public health standards and building code guidelines concerning such things as restrictions on large gatherings, common use of the same item, face coverings, room capacities, seating dynamics for meetings, office layout issues, repetitive sanitation efforts and such. As the number of residents in the State are vaccinated increases, guidelines will continue to be relaxed. Face coverings are a prime example as they are currently required as I write this article but news stories are projecting, they may not be required by our reopening date.

(cont' on page 7)

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Executive Director

(cont' from page 6)

The pandemic has been a very unique event to all of us in our lives. In some respects, the pandemic isolated many of us and we certainly responded in different ways to the emergencies. But communities like Sun City Roseville can serve to bring us back together through neighborhood friends, clubs, groups and joining together at the Lodge to eat and reconnect through the many activities we offer. We hope to see everyone at the 25th Anniversary Celebration and the Lodge reopening June 15th. Remember to bring your smile.

Sunshine Services "We're Here to Help"

BY PAT TEILH

If all goes according to plan, many clubs and groups will once again open on June 15 here at Sun City Roseville. Our council is excited to "get back to work" serving our community. Members Donna Leitz and Pat Teilh will be back greeting residents and selling Dial-a-Ride tickets on July 1 and on the rest of the first Thursdays of every month from 8:30-10:30am beginning in July inside the lobby area of the Timber's lodge.

The Sunshine Services General meetings are set to present guest speakers four times a

year with our first guest speaker on August 18 at Sierra Pines under the direction of coordinator Pam Murphy. The Medical Equipment Loan program coordinators Amy Cho and Rebecca Hellman have available 2- and 4-wheel walkers, wheelchairs, transport chairs, crutches, canes, ice machines and other equipment you may need. Simply call the recording and leave a message of your needs at 916-367-1695. Linda Cilenti the Caregiver Relief program coordinator continues to serve your needs. Caregiver Relief and Individual Care services are provided by Craig Cares where the care givers are licensed and professional.

Sunshine Services Council meets on the third Thursday of every month at 9:30am in the lodge. Sunshine Services Group operates from donations only. If you wish to help our group, please send a donation to the bookkeeper/treasurer Carole Schwartz at 4124 Napa Loop, Roseville 95747. We are here to serve YOU!

Council members Diane Wilson, Transition and Loss, Colleen Tovey Foundation Board Liaison and Admin. Advisor Sharon Mowry all play major roles in keeping our group up and running.

Guests are always welcome. If you are interested in becoming a member of the Sunshine Services Group and helping on any of our many committees which serve the community or if you have ideas that may help our neighbors in need, come visit one of our council meetings or email President, Pat Teilh at patteilh@gmail.com.

We are People Helping People within our community!

SCR Dance Club

(cont' from page 5)

friendships." Sandy Costanza said "I am happy to call these line dance ladies my family. Throughout this past challenging year we developed a bond between us. It gave us strength relying on one another for support and advice. I am blessed for their friendship." There are others in this circle of friends that see each other on a regular basis and they all agreed with Sandy on how much they enjoy the Dance Club and the friendships they have made. One commented that she has made so many friends here that she could never move away.

Where else can you make new friends, get some healthy exercise, learn new dance steps without judgement, and probably increase your life's longevity? I am also personally grateful for the fun times and great comradery of the Dance Club. Keep on dancing... keep on moving on!

Fine Arts Club

BY ELLA BOSSE

We finally have some exciting news to report. Most of you have heard by now that on June 15th the Lodge will reopen and that means we can start our club activities again. We are so ready for that!

We have already planned an activity on July 9th, It will be an Open House for old and new members, just an informal get together.

For those of you that moved to Sun City

during the past year, please come and join us if you are interested in art, membership fee is only \$15 for the whole year and we are planning to start classes again in September. We have classes for all levels, also beginners (for people who have never picked up a paint brush in their lives) and we are a fun group. For those of you who dropped out last year please come and join us as well. We can see old friends and catch up, it will be so nice to see everyone again!

It will be held at Sierra pines Club House and it will be from 1-3pm.

Our Annual Art show did not happen this year but we plan to have that again next year.

And our display in the Galleria Mall is still ongoing till June 15th. It is in a store window across from Pottery Barn Kids on the lower level. Please check it out if you have not done so already.

In the mean time mark your calendars for July 9th!

Needle Arts

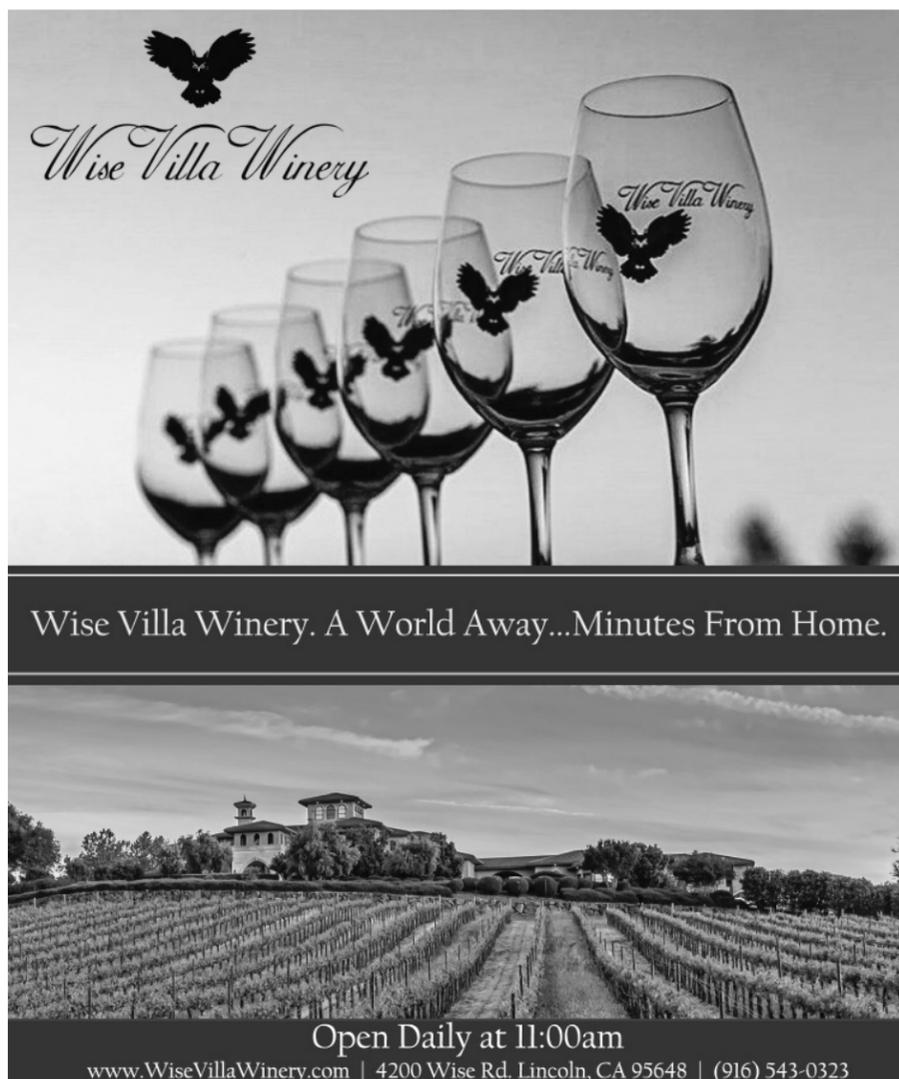
BY CJ KIDD

Acknowledge your talents and abilities. Realize what a beautiful person you are.

The June article has thoughts from talented and inspiring people in our Needle Arts Club. I asked several council members to share what they have missed during the Pandemic.

Barbara Davis is looking forward to

(cont' on page 9)



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	Aug 8, 2022	\$1,299	\$1,899	\$2,399
	Sept 7, 2022	\$1,219	\$1,799	\$2,099
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
7 DAY CA Coastal from SFO! Princess	Oct 24, 2021	\$599	\$799	\$999
Ruby Princess ~ 3080 Passengers	Oct 31, 2021	\$599	\$799	\$999
	Apr 16, 2022	\$599	\$799	\$999
Sail round trip from San Francisco, California to; Santa Barbara, California; Los Angeles, California; San Diego, California; Ensenada, Mexico; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
10 DAY MEXICO From SFO! Princess	Nov 27, 2021	\$899	\$1,399	\$1,699
Ruby Princess ~ 3080 Passengers	Jan 6, 2022	\$899	\$1,149	\$1,599
	Jan 31, 2022	\$849	\$1,149	\$1,599
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
15 DAY Panama Canal Princess	Feb 25, 2022	\$2,699	\$2,999	\$4,499
Ruby Princess ~ 3080 Passengers	*Mar 12, 2022	\$2,699	\$2,999	\$4,499
INCLUDES SHUTTLE TO SHIP & AIRFARE RETURN TO SACRAMENTO!				
Sail from San Francisco, California to Fort Lauderdale, Florida visiting Cabo San Lucas, Mexico; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the NEW LOCKS of the Panama Canal; Cartagena, Colombia; Fort Lauderdale, Florida. *March 12 Reverse Itinerary from Fort Lauderdale to San Francisco. Flight between Sacramento and Fort Lauderdale and shuttle between ship and Lincoln is included for both the February 25 and March 12, 2022 departures.				

28 DAY SOUTH PACIFIC TO SFO! Princess

Sapphire Princess ~ 3080 Passengers	April 2, 2022	\$3,899	\$4,999	\$6,999
Grand Princess ~ 2600 Passengers	Mar 31, 2023	\$3,799	\$4,999	\$5,999

Sail from Sydney, Australia to Auckland, New Zealand to San Francisco, visiting Bora Bora, French Polynesia; Tahiti (Papeete), French Polynesia; Moorea, French Polynesia; Hilo, Hawaii; Honolulu, Hawaii; Kauai (Nawiliwili), Hawaii.

Prices are per person based on double occupancy and subject to availability at the time of booking. Please call for current availability and pricing.



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CST # 2033380-40 June 2021 edition

Needle Arts

(cont' from page 7)

getting reacquainted with friends and getting active in the Club again.

Dee Cavanaugh is looking forward to seeing friends. She wants to use the felting machine and get all the magazines reordered for our Club. She can't wait to start water aerobics and work on regaining her strength and flexibility. She also wants to buy a Judy doll for her new grand baby.

Nancy Chard wants to see our members use the NA Room. She is ready to sign up volunteers and open the room for our members.

Judy Singleton is looking forward to having a Needle Arts Club Meeting and she can't wait to see familiar faces. She is also anxious to have the Library open.

Carolyn DeSantis is looking forward to seeing friends and acquaintances and catch up with their lives. She wants to enjoy our beautiful Lodge, Fitness Center and Pool again.

Shirley Conzelmann is looking forward to our Club getting back to all of our activities, monthly programs and small group meetings.

Diane Gard is looking forward to reconnecting with everyone. She hopes everyone wears their name tag to help her recall names.

Susan Arbuckle is looking forward to her friendship groups and meeting in our awesome Needle Arts Room. She is really looking forward to laying out her quilts and batting on a table (not the floor at home).

The common theme among the council members was "getting reacquainted with fellow members". That alone says a lot about our group.

Thank you, ladies, for sharing your thoughts; I, too, miss our members, their projects and their smiles.

• • •

Cinema Group

BY BRIAN SUTTON

Hear Ye! Hear Ye!

The event that you have been waiting for, is about to occur.

The Cinema Group is scheduled to meet Friday, June 18, 1:30 pm at Sierra Pines to once again show a movie. All residents are welcome to this FREE screening.

To assure that you will receive any Cinema

Group emailed notices, you need to log onto the Resident Website, www.sres.org.

- Click on "My Profile" at the top right of the home screen.

- Then, select "Manage Subscriptions," to find the listing for "Cinema Group."

- Confirm that the word "subscribe" is showing in the box at the far right. If not, change it to "subscribe."

- Finally, scroll down to the bottom of that screen and click on "SAVE."

Brian Sutton will return as host of the Cinema Group. You can assist him by starting to think of films that you might like to have screened in future meetings.

The first film is *THE PRINCESS BRIDE* from Director Rob Reiner. The story has it all—comedy, the "greatest sword fight in film", more comedy, a little romance, and even more comedy. It has become a classic that has maintained its popularity for over 30 years.

Watch for those email notices and start planning to once again GO TO THE MOVIES!

• • •

Boomer Generation Club

BY SUZANNE CROWDER

Greetings Boomers and Happy Summer!

Watch your e-mails! Mark your calendars!

The Boomer Generation Club meetings and events are coming soon. Our goal is to have a two-night event in June to welcome you all back.

We urge you to take the time to go to the SCRCA website on the Boomer Generation and click on the Membership button, or if you can't print it, just write the requested information on a paper. Deliver or mail to: Dev Corlett at 5033 Dreamgarden Loop.

Your Boomer Council is diligently working on making your return to club activities a memorable one.

• • •

International Social Group

BY CYNTHIA SINDREY

The International Social Group committee met recently and we are now hopeful, if things go as planned to have our first get together in over a year. The plans are to have a BBQ at Sierra Pines on Wednesday, July 28th. Should this really happen we will be sending flyers to all our members and if the Lodge is open soon

(cont' on page 15)

We're Having An Election!

BY PAT TEILH, *Elections Committee Chair & Inspector of Elections*

There are two open spots and two candidates this year. You may ask yourself why an election is needed when the outcome is clear. The answer is because the law requires it. The Association takes its legal obligations seriously. Because California State Law will not permit us to "acclaim" these two candidates, we must hold an election. A ballot will be mailed to every member on June 18, 2021. Please do fill it out and return it; let's "vote" for these two candidates who stepped up to the plate.

SCR 2020/2021 Board Candidate Statements



GEORGE B. PORTER

Do we need experienced directors at this point in time? Yes we do! Do we also need new people with ideas and experience gained elsewhere? Yes we do!

For this year, experienced directors will help the community return to normal operations. Staff will be focusing on this but they need not act alone.

Beyond our recovery from the pandemic, what should we try to accomplish?

Expanding the Fitness Center to be competitive is important since both existing residents and new buyers say they want this. Also important is improving our appearance with better common area landscapes and golf course improvements. Happily, we recently approved Master Improvement Plans that we help us with both.

Strategic Plan Phase A items previously approved by our residents need to stay on the front burner and get done! I would like to see more and better space for our staff. This may be partially achieved with increased working from home, but that may not be enough. Some of our best ideas come from residents and we must encourage this input. Lastly, we must celebrate volunteers who make possible so many of our programs and services.

My prior experience includes six years on each of the Properties Committee, Foundation Board, and Association Board - including serving as chair of each body. Other volunteer activities include providing landscape designs, working on the major expansion of Sierra Pines, writing gardening articles for Sun Senior News, and even playing the piano during dinner at the Timbers!

I would very much appreciate your vote for me as a "new" director. Thanks, George

The views expressed herein are those of this candidate and do not reflect the views of the Association, its directors, managers, employees, or agents. This candidate is solely responsible for its content. The Association is required by law to publish the communication as written regardless of the content. (2019)



JOHN RANIESKI'S GOALS AS BOARD DIRECTOR

Maintain our excellent financial integrity: 100% reserved, strong balance sheet, no debt or Special Assessments

Open up our excellent amenities and resume our active life style impacted by a year of COVID-19
Support our Strategic Plan Initiative including: finishing Phase A-1, A-2 and follow on work as funding is available
Promote Volunteerism among our newer residents

MY SCRCA EXPERIENCE - "A PASSION FOR SERVICE"

- Past Board member and President
- Current Finance Committee Chair and member
- Current Golf Committee member and past Chair
- Past Properties Committee member
- Past Foundation Director and Home Maintenance Team member

MY OUTSIDE INTERESTS

- Past President and member SCRCA Softball Club
- Member Men's 18 Hole Timber Creek Golf Club/RAMP
- Treasurer of St. Clare's Knight's of Columbus
- Happily married to my Wife Jean for 59 years
- Became a SCRCA resident in 2002 after retiring from IBM

The views expressed herein are those of this candidate and do not reflect the views of the Association, its directors, managers, employees, or agents. This candidate is solely responsible for its content. The Association is required by law to publish the communication as written regardless of the content. (2019)



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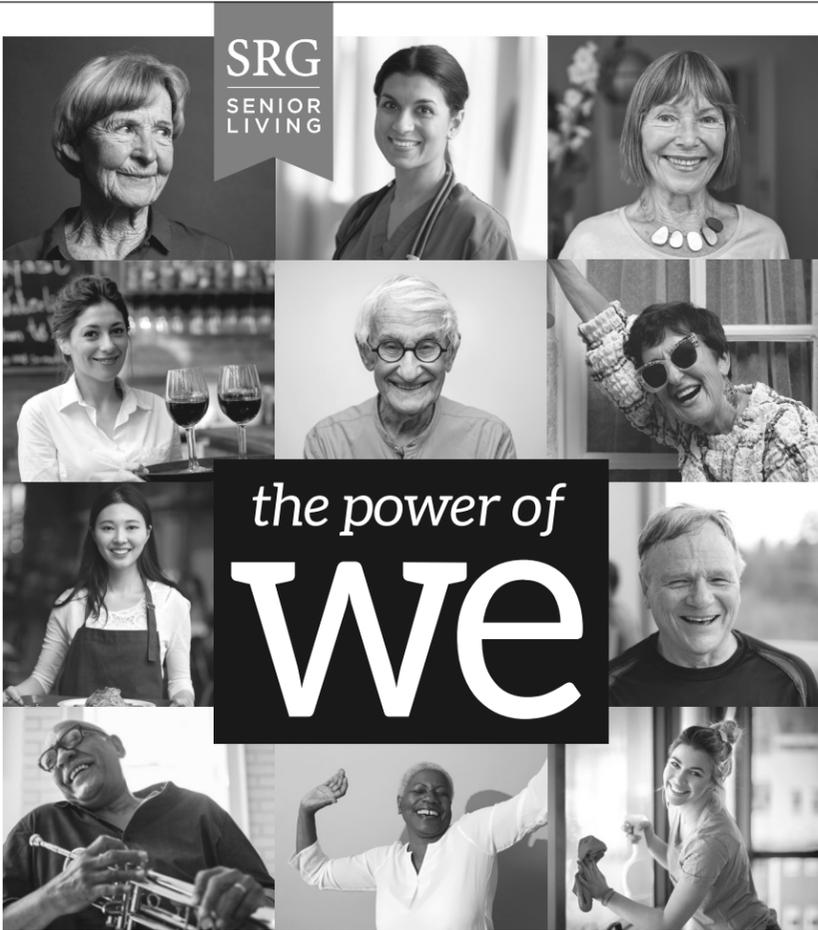
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Upgrades to Water and Electric Meters Coming Soon

BY ERIN FRYE, *Roseville Electric Utility*

Project modernizes metering system to allow for near- and long-term benefits

Like many utilities throughout the United States, Roseville will embark on a meter upgrade project to modernize the metering system later this year. This metering upgrade, which will take several years to implement citywide, includes industry-standard meters that wirelessly send readings and essential service information to both our water and electric utilities.

“We live in a world where we must use technology to help enhance how we do business,” said Shawn Matchim, assistant director for electric. “Modernizing our metering system provides immediate benefit once we convert customers but, more importantly, gives us a chance to enhance our customer service efforts over time.”

Roseville plans to replace older commercial and residential electric and water meters with new ones. As these meters come online, City employees will no longer need to visit homes or businesses to read meters physically and can send commands through the network to connect service and perform maintenance virtually. In the end, it will yield

faster customer service resolution and smarter billing information for both the utilities and our customers.

“We know that systems like these have and continue to be implemented across the country because of the long-term benefit for everyone,” said Sean Bigley, assistant director for water. “Moving to this technology will one day give access to consumption data in near-real-time for customers so they can then modify their usage to become more water-efficient and save money on their utility bills. It’ll allow us also to detect problems including customer leaks that are sometimes slow and problematic to track, helping us reduce system water leakage and comply with ongoing changes in state regulations.”

With projects like these, we anticipate that customers can look for ways of reducing their bill before it arrives. While not immediate, we plan to develop other programs that utilities across the nation offer, including time of use rates for electric customers, encouraging energy usage during non-peak hours of the day.

Roseville is currently in the planning stage of the project. We will start with a small area within Roseville to understand how to scale the project under real-world conditions. Following that installation, full deployment would commence. We anticipate the start of the project over the next 8 to 12 months.

For more information about the project, visit roseville.ca.us/meterupgrade.

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Three Generations Strong

Federal Funding Bolsters Water Reliability Efforts

BY MAURICE CHANEY, *City of Roseville Environmental Utilities*

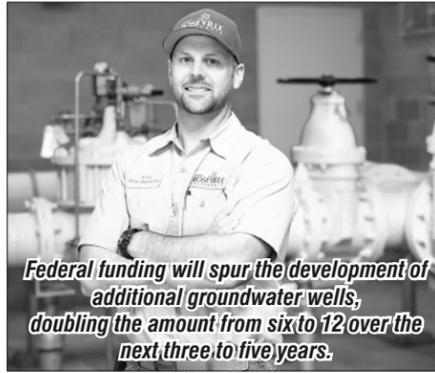
Roseville is the recipient of \$33 million in low-interest financing from the U.S. Environmental Protection Agency's (EPA) Water Infrastructure Finance and Innovation Act (WIFIA) program. This funding will accelerate water supply planning and implementation under Roseville's Water Future Initiative.

"EPA is excited to announce its fiftieth WIFIA loan, which provides a great opportunity to appreciate the successes we've had while redoubling our efforts to better communities through water infrastructure improvements," said EPA's Principal Deputy Assistant Administrator for Water Radhika Fox. "We've seen time and again that collaborating with local partners and investing in water infrastructure can improve public health, protect the environment, create jobs, and support economic growth while addressing key challenges facing the country."

WIFIA program funding and utility operation funds will advance two critical efforts under Water Future. We will increase the number of groundwater wells and examine how we can expand water recycling over time.

"Water is vital to any community. Having stable infrastructure will increase reliability and continue to spur economic resiliency for Roseville," said Mayor Krista Bernasconi.

Despite growing available local water supplies through partnerships and surface water supply contracts, the diversity of our



Federal funding will spur the development of additional groundwater wells, doubling the amount from six to 12 over the next three to five years.

water portfolio will increase reliability, redundancy, and flexibility. In the end, these efforts will protect against climate change, water used for the environment, and additional regulatory constraints on local water management, as well as allow for further prosperity and economic development.

"We are taking a long-term approach to plan and implement a water strategy to serve our community through 2050," said Sean Bigley, assistant director of water. "What is clear is that maintaining reliability starts with a plan. As important is implementing these infrastructure projects as soon as possible because they can take time, and we want to be ahead of the curve for our thriving community."

We want to double the number of groundwater well sites in Roseville. We

currently have six Aquifer Storage and Recovery well sites (technology that allows for banking surface water or extracting it for drinking water.) We will look to diversify where they are located throughout the city to maximize groundwater use throughout our entire service area. It will also aid in regional water supply reliability.

Additionally, we are examining the potential to expand our recycled water program beyond irrigation usage. We only convert about 20 percent of our treated wastewater into recycled water. With the help of WIFIA funding, the scope of this effort includes a filter replacement system at one of our regional wastewater facilities. Alongside that upgrade are our early stages of evaluation for advanced treatment technologies to determine how we might want to expand the use of recycled water to provide further redundancy and flexibility for our community.

"Investing in 21st century water infrastructure is critical to ensuring California's communities are resilient to the ongoing climate crisis," said Joaquin Esquivel, Chairman of the State Water Resources Control Board. "This federal support for the City of Roseville means that residents can feel more secure about the future of their water supply and access to safe drinking water in particular, even as California enters another concerning drought cycle. This is a great example of what is possible when local leaders promote a vision for their communities, and state and federal resources help make their vision reality."

While WIFIA funding only covers a portion of the development of these projects, we continue to seek additional funding opportunities. For more information on the Roseville Water Future Initiative, visit www.roseville.ca.us/waterfuture.

Residential Food Recycling Coming to Roseville Next Year

BY MAURICE CHANEY, *City of Roseville - Environmental Utilities*

The trash and recycling industry in California is changing. To reduce food waste and other organic debris in the landfill – which accounts for about 18 percent of what Californians dispose of each year – Senate Bill 1383 will require all California communities to source separate food waste from their trash and recycling by next year. The law also includes other organic waste, like green waste, but Roseville's green waste program is already established.

For both residential and commercial customers, the goal is to reduce actual physical space in the landfill and reduce impacts related to climate change and reduction in methane gas.

Commercial businesses in Roseville that generate food waste are already participating

(cont' on page 25)

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Ambassador Committee

BY JOAN ROSE

It would like to introduce you to the last two members of the Ambassador Committee, Sherry Hilger and Connie deBlaquiere.

Sherry grew up in the Chicago area where she became a lifelong Cubs fan. She spent most of her career as an RN and Certified Diabetes Educator. During her career, she spent three years in Germany, where she found a love of travel that continues to this day. She has two children, a daughter with three sons and a son with two daughters. She is happy that they all live in the Sacramento area. Besides Ambassadors, Sherry has enjoyed duplicate bridge, Boomers, Bocce, book club and the 18 hole Women's golf group. She has had two hole in ones. WOW! She has been on the Ambassador Committee since 2017. For three years she was in charge of the New Resident Welcome Party which was put on three times a year. Currently, Sherry is in charge of the Welcome phone calls to new residents. These calls not only welcome new neighbors, but allow them to ask any questions they might have about Sun City.

Connie was born and raised in North Idaho. She owned and operated an independent pharmacy for 20 years. She moved to California in 2000 and worked as a manager for Rite Aid. She also taught for

the Sacramento Unified School District for ten years, teaching English at the High School and Middle School level. She has two sons. One lives close by in Granite Bay and has two children. Her other son lives in Idaho.



Sherry Hilger



Connie deBlaquiere

He has a five year old daughter who keeps Connie rooted to her home state. Connie moved into Sun City in 2016. She has participated in Bocce, Boomers, Book club, the 18 hole Ladies golf group, hiking and various card groups. She loves to travel and is anxious for that to resume. She has been an Ambassador since 2017. She has been the liaison to the Roseville Chamber of Commerce, Vice Chair and last year was our Chair of the Committee. This year she was supposed to be the assistant to admin for events in the lodge, providing volunteers to take tickets. This, of course, never happened. She is anxious for things to open up again as well.

Both of these women have given many hours and talents to make our new neighbors feel welcome over the years. Thank them, the next time you see them.

Over the last nine months, I have introduced you to all of the current Ambassadors and their jobs on the committee. Two new Ambassadors will be added later this year. If you think you would like to become a member of this committee, applications are available now online until June 18. They must be submitted to the Rose Garden Lock Box by noon on June 18. Interviews will

be conducted from June 21 through July 2, for a two year term beginning in September 2021. It is a great way to share your love of Sun City.

Compliance Committee

BY SCOTT TITENSOR

It's great seeing so many residents out and about. Taking walks through our beautiful development, updating our homes and or landscape, doing the things we enjoy. The compliance committee asks our residents to be mindful of our governing documents. New homeowners may not be aware of the rules that we all live by, keeping our development as the premier active adult community in Northern California.

Here are a few of the key guidelines we observe, your continued adherence to these guidelines is greatly appreciated. Most are easy and frankly, common sense.

1. Home projects; installing new or making changes to your landscaping, installing concrete, making changes to your home or fence, please contact Community Standards first. (see contact information below). You can also refer to your Design Guidelines for complete details. (The most current version can be found on-line on the resident website).

2. Parking; See section 8.13 of your CC&R's for complete details. Basically, overnight on-street parking is prohibited.

Commercial vehicles are prohibited from parking in the street or driveway, except for purposes of loading and unloading or to perform services for a resident. RV's are limited to 48 consecutive hours / 120 hours in any month to park for the purposes of cleaning, loading and or unloading.

3. Trash Enclosures; See Design Guidelines section 3.02 (r) and CC&R section 8.07 for details. Trash receptacles are not to be stored as to be visible from neighboring property, Open lots require a Trash Enclosure, for fenced in yards they should be placed in the garage or behind the fence.

4. Owner Maintenance Responsibilities: See CC&R section 7.02 for details. We are responsible for the repair and maintenance of our homes and lots. In general, "Landscaping after installation shall be maintained as required to provide a neat and attractive appearance and to meet the restrictions and requirements for landscaping".

These are four of the basic areas that the Compliance Committee checks during our canvases. We greatly appreciate all the effort our neighbors put forth to stay compliant. If you have any questions, feel free to email or call; Ryan O'Connell, Assistant Director of Community Standards at ryano@scra.org 916-774-3863 or Lorri Booth, Director of Community Standards and Resident Relations at boothl@scra.org.

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Website Workgroup

BY CHARLYN ROSS

Where are my ruby slippers?

Probably, we would all like to put on ruby slippers, click our heels three times, and find that we are back in the wonderful Sun City Roseville (SCR), we knew in the past. Like Dorothy in the Wizard of Oz, this past year felt like we were swept up and displaced from all that was familiar. Yet, we did not meet interesting characters like the Tin Man, Lion, and Scarecrow, but rather people wearing masks and greeting us with hand sanitizers and thermometers.

Alas, we do not have ruby slippers, nor do we have a Good Witch named Glinda, to assure us of a return to the SCR that we once enjoyed. However, the Resident Website, www.scrs.org, was there all along to keep us informed and provide that magical signal announcing our "return." We can use the knowledge of the Website we gained this past year, to enhance our future pleasure of living in SCR.

- Board of Directors monthly meeting video – If we become too busy to attend this meeting, we can submit questions for the Open Forum portion of the meeting. Then, we can watch the videoed proceedings online at our convenience.

- Restaurant & Lounge Updates – The menus and hours of operation are accessible from the Amenities menu and notices of special restaurant events are posted to the Announcements area of the home page.

- Resident Directory – More convenient

than the printed directory, you can search for a resident by first or last name, address or just street, phone number, or email address, and generally find what you seek.

- Classified Ads – Residents have continued to use this feature to post item to sell or want, even though the bulletin board in the Lodge was not available.

- Calendar – Information pertaining to events and meetings can be viewed in many formats. From the "Select an event type" menu, at the top right of the calendar page, you can choose to see only listings for "Board/Committee" or "Activities" or a specific club/group meeting. You can further choose to have the list displayed for a day, week, or month.

- Contact Us – Listed in the "Contact" menu, it provides residents with the ability to have their questions and concern submitted to SCR staff. With limitations that may exist, even when the Lodge reopens, this feature will provide the means to allow residents to reach the correct Staff Member.

- Governing Documents – During the past year, efforts continued towards updating our governing documents to conform with new legislation and to clarify the regulations that are important to all residents, committees, clubs, and groups. The links at the top of the Website home page provide easy access to these documents.

Assistance is Available — Should a resident have questions about the Website or its features, or perhaps, have a suggestion to improve it, those should be provided to Julia Schmunk, our Website Designer, by phone

916-774-3878, by email at julianns@scrca.org, or by a note placed in the Suggestion Box at the Lodge's side entrance.

Elections Committee

BY PAT TEILH

The Elections Committee is gearing up to administer the Board of Directors annual election to be held on July 20, 2021. I am going to answer a few questions that have arisen.

Commonly Asked Questions & Answers —

Balloting Materials

1) Why do we need two envelopes?

For Secrecy purposes – once the outer envelope is validated by the Elections committee, it is separated from the actual ballot envelope, ensuring privacy.

2) What should you do if you want to change your vote after submitting your ballot by mail or in the Ballot Box in the Lobby?

Once your ballot is submitted, there is no way to retrieve it. So, if you have any questions or changes, check with the Inspector of Elections BEFORE submitting your ballot.

3) Why do we need to print and sign the outer envelope?

The outer envelope must be signed for validation purposes. Every name must be validated to ensure only the property owner is voting (one vote per lot).

4) What address do I put on my return envelope?

The Sun City Roseville property that qualifies you to vote. Return address labels may be used along with your signature on the outer envelope to ensure readability if it identifies the correct property address. Do NOT use a P.O. Box. It will NOT be accepted.

5) What if I own multiple properties?

The owner receives one ballot for each property they own. Each ballot must be returned in its own envelope with the return address of that property on it.

6) When is the deadline for returning the Ballots?

Ballots can be deposited in the Ballot Box outside the front entrance to the Lodge from 8AM-4PM Monday through Friday, beginning Monday, June 21 until 10AM SHARP on July 20. Or you may mail the ballots but they must be received by the Elections Committee no later than 10:00am on July 20, 2021.

REMEMBER... California Law REQUIRES you to sign your name and print your address on the return ballot envelope. Otherwise, your vote will NOT be counted.

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International Social Group

(cont' from page 9)

then flyers will also be available on the rack. We are a purely social group with members from all different countries, including America and will gladly welcome new members who like to eat, be entertained and chat with friends.

For further information please contact: Cynthia Sindrey, President 916-773-5151 or Gini Christiansen 916-772-0506.

SCR Travel Club

BY DAVE LEWIS

“Rolling, Rolling, Rolling! Let’s Get Those Trips a Going!!”

What a difference a month makes! By now our community should be nearing the reopening of the state, Timbers Lodge and Sierra Pines to resume gatherings in groups however small or large for meetings, social events and travel. And there is more good news as:

• Many of our members have already returned from an adventure in the “Painted Canyons” of Colorado and Utah with stories to tell signaling a return to travel.

• New Club officers, elected last month, are working with the current leadership team to ensure a smooth transition for the next Fiscal Year beginning 1 July.

So what do you think? Ready to hit the highways, skyways and/or waterways courtesy of Collette? You may want to select an exciting national or international destination or “2” using the 2021 - 2022 schedule below:

- 2021 —
- “New York and Niagara Falls”; October 12 - 20
 - “Discover Nashville & the Smoky Mountains Holiday”; December 8 -15
- 2022 —
- “Tropical Costa Rica”; January 29 - February 6
 - “Southern Charm”; March 6 -12
 - “Discover Spain Classics & Portugal”; March 19 - April 2
 - “Holland and Belgium Springtime Tulip River Cruise”; April 18 - 26

When members are off the “travel trail” and want to relax and enjoy the company of friends and neighbors, they can look forward to a “Welcome Back” party in August, the “Holiday Brunch” in December and the

“Summer Festival” next May.

Please know that all Sun City Roseville residents with an Activity Card can apply to join the Club. Registration begins on or after 1 July to enjoy the benefits of membership.

To stay informed, check the Club website and your emails frequently for updates as they occur. Stay safe until we meet again!

Rods & Relics

BY ELNA RAGAN

Club members are enjoying the increase in Car Show activities. Masks and social distancing are in effect at these events.

Our first “in person” Car Show Chair Meeting was held on May 20. It was exciting to hear the progress in preparation for our August 21 Downtown Lincoln Car Show. Club members remain optimistic...our back-up date is September 25. Time will tell!

Check our web site, listed below, for Vendor and Vehicle Registration Information.

Contacts: Chuck Barnhart, President 916-543-7301; Mike Carvidi, Membership Director 707-849-2834. Web Site: www.rodsnrelics.net

Jewish Fellowship Circle

BY LOIS ARLEN AND KAREN LEVINE

We want to see all of you soon. Upon reopening we will continue with our regular scheduled events. Members, in addition, you already have or will receive an email requesting your suggestions and input for future events and activities that you would like to see and enjoy when we reopen. Your ideas are most welcome so we can share some new experiences and events together. Plans are underway to announce our slate of new officers for the JFC.

Some fun facts about the Jewish traditions of candle lighting:

A candle symbolizes “light” in the darkness of life. Shabbat candles are lit on Friday evening before sunset to usher in the Sabbath. The woman of the household traditionally does candle lighting, but in the absence of a woman a man does it.

The eight candles that are lit for Chanukah commemorate the rededication of the second Temple in Jerusalem. In order to rededicate the Temple, the Maccabees had to light a Menorah that would burn at all times. However, they only had enough oil to last for one day. Miraculously, the oil burned for eight days.

Shiva focuses on the mourners and when family and friends come to comfort them. A memorial candle is lit because in the Jewish tradition it is believed that a person’s soul is like a flame that brings light into others lives. The candle burns for 24 hours.

A Yahrzeit candle is lit on the anniversary of the death of a loved one. The candle is lit before sundown on the eve of the anniversary and burns for 24 hours.

SCR Democrats Club

BY TONI FISHER

As we continue to wait for our world to reopen, the California State Democratic Party held its recent State Convention virtually on several formats. Two of our members, Kathleen Crawford, the Second Vice Chair of the Placer Central Committee, and Toni Fisher as an elected delegate, were able to serve as participants. Most of us have experienced Zoom sessions in the past year which helped the convention delegates feel comfortable with the proceedings. Depending on the session, delegates were either observers or active participants in the many caucuses, committee meetings and general sessions held in this format as we sat in casual clothing at our computers. As can happen with technology, there were occasional slips with a new format, HopIn, used for some sessions, yet overall, the work got done. The officers of the Party were elected and speakers, including Governor Newsom, and Speaker of the House, Nancy Pelosi, were presented. Betty Yee, Fiona Ma and Kamala Harris also spoke to everyone, which was a real treat. The final General Session ran for nearly six hours as committees reported and resolutions and legislation matters were discussed and voted on.

While it may be easy to assume that, with the Presidential Election and the State Convention now over, we can take a break from our Democratic work. This will not be possible, however, since we must immediately begin to work combatting the expensive, time wasting November recall election of Governor Newsom. No one holding office is perfect and we can easily count the many achievements that the Governor has brought to our state. We will be seeking suggestions from our members as to how we might approach this effectively and we will count on everyone to participate.

SCR Computer Club

BY BARBARA EICHTEN

Happy Father’s Day (June 20, 2021) to all of our fathers and grandfathers!

As Placer County begins to open from the pandemic, we can look forward to our monthly meetings with our educational programs. We need to start by electing officers. We would like to encourage new and established residents to participate in the Computer Club. Many of you have hidden skills. We would like to have your input for programs, resident computer assistance, or just getting to know other residents.

We offer a variety of interesting Special Interest Groups (SIGs). You have been enjoying the photography in the Courier each month. As we open the Computer Lab, the display will again be in the Lodge. If you are interested in submitting a photograph for June’s Photo Gallery, the theme is “Textures, Lines, Patterns or Abstract.”

We encourage the family historians to attend our genealogy meetings. These are attended by speakers and/or members of the community “just interested in genealogy.”

We like to provide assistance on Mac and/or PC devices. This SIG generally meets once a month to exchange old/new ideas related to your computer, tablet, and phone.

Your club application is available on the SCR website (sres.org). Club membership is only \$15 per year. Now is the time to join!

The Council will meet at Sierra Pines soon (Time and date to be determined). We welcome all residents to attend. Anyone interested in becoming an officer or have questions concerning the Computer Club, please contact Donna Grover (donnapetersongrover@gmail.com) or Barbara Eichten (barbaraeichten@gmail.com).

(more Club News cont’ on page 16)

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Republican Group

BY CAROLE VAILLANCOURT

It is finally going to happen! It appears starting on June 15, 2021 we will be able to meet again.

We have been informed that all groups/ clubs will maintain their previous scheduled meeting day and time. As you are aware our date is the first Thursday of the month therefore, we will not meet the requirements for June.

To celebrate the ability to again gather with likeminded residents, our Leadership Council is planning a catered Sunday lunch on July 11; gathering time is 11:30 with lunch at 12 noon. For members that paid their dues in January of 2020 there is no cost, we are only asking that you bring your beverage of choice! Glasses, water, ice, and eating utensils will be provided. Please RSVP by July 1, as follows: e-mail caroleva@surewest.net, phone 916-781-2468.

If you are a Republican and interested in our group you are welcome, a prepaid reservation will be necessary.

Now that we have a firm date, I will invite Assemblyman Kevin Kiley to update us on the recall. As plans develop more information will be available.

For information regarding our group please call 916-781-2468.

• • •

Birders Group

BY JANET MORELLI

This time of the year, and all deciduous trees are flush with new leaves, bird watching becomes much more difficult. Even if a bird's call or song can be identified and its location narrowed down to a specific area, actually seeing it can be a real challenge. Many birds, by nature, flit around in trees and bushes which provide ideal coverage for them in summer months. Add the usual hot weather during the summer in the Greater Sacramento Valley and bird watching is made even more difficult because the birds tend to find cool, shaded places to hunker down during the hottest part of the days.

Every August, the SCR Birders Group plans a new schedule of group field trips that skips the hottest months of the year (June, July, and August). Trips will begin again in September 2021 and run through mid-May 2022. The schedule will be posted on the Birders' group website in late August. Contact Janet Zeitman (916-771-5235) for more information on these trips or Janet Morelli (916-782-6393) if you would like to be added to the Birders' email list and be notified of upcoming trips, meeting times and places, and other important information.



California Scrub-Jay

The California Scrub-Jay, a noisy bright blue bird with a gray back can be found in almost every yard and woodland of California's Central Valley (unlike the Blue Jay, a different species common in other states). The bird has a white line above its eyes, dark gray check patches, and soft gray underparts. They are very intelligent birds that store seeds and acorns they have found or stole from other birds' caches. They are often common at bird feeders in suburban back yards. This bird is very territorial and will make loud, repetitive screams to ward off intruders of all kinds.

• • •

SCR Hiking Group

BY DORIS MERCHANT

I would like to spotlight three important people in our group: Trailmaster Don Stoye, Leader and Past President Dori Zuchold, and Leader Sue Andreasen. They have been dedicated in their jobs from the beginning of the pandemic to the present, and have given us the opportunity to enjoy nature. Now that restrictions are easing up, we hope more of you will again venture out into the wilderness with us - under the guidance of our leaders, or course!



Don, Dori and Sue.

June 3: Cascade Canal, rated 2.5 (easy), 6 miles, \$8.00 carpool ride. Lunch at Round Table Pizza, if open. Otherwise, picnic tables at Empire Mine.

June 10: Euler Valley, rated 4.5 (easy to moderate), 6.5 miles, \$10.00 carpool ride.

June 17: Burton Creek, rated 5 (moderate), 6.2 miles, \$10.00 carpool ride.

June 24: Fordyce Creek, rated 5.5 (moderate), 7.5 miles, \$8.00 carpool ride.

• • •

(more Club News cont' on page 17)

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SC Bike Club

BY LAURIE MORKERT

The weather is great and the bike club has been taking advantage of it! Although we still haven't been allowed to gather as a group inside, the club has continued to get together, on a weekly basis, for a series of fun rides.

The fun rides have included some trips to Panera Bread here in Roseville and Taylor Ice Cream in Loomis.

It has been wonderful seeing people again. You truly realize how much you miss others when you don't have their company.

Even if you're not a member of the club, we all need to remind one another to be safe when we ride. Yes, we can assume that drivers should be watching out for us, but we should also be respectful towards drivers. This includes remembering to wear bright, easy-to-see clothing, riding in the bike lane, stopping at red lights, etc. When we all work together as a team we have a much more enjoyable ride.

Once again, if you're new to Sun City and you want to know more about our rides, please



contact our club President, Susan Glover at 3susanglover@gmail.com.

A big thank you goes out to Susan for all she does for our club... it truly is

a team effort!

• • •

Senior Softball

BY RICHARD EPTING

After our Senior Softball player draft most people agreed that we had five pretty evenly matched teams. If one looks at today's standings, it seems that this is true. Eskaton Village is in first place with three wins and one loss. In second place is Excel Realty with a record of three wins and two losses. Coldwell Banker, last year's champs have a record of two wins and two losses. A/C Girl and Smart Move Management are tied for fourth with identical

records of two wins and three losses. A loss or win by any team could make these standings even closer. Out of the twelve games played so far, seven games have been won by a one run lead with scores like 20-19 and 18-17.

If today's two games are an example, we are going to have an exciting season. Eskaton beat A/C Girl 17-16 only because with two outs and the bases loaded, Eskaton outfielder, Rory Wilkerson made a circus catch robbing A/C Girl of a victory. In the other game, Smart Move was leading Excel Realty with a score of 21 to 14, but in the final inning, Excel had the bases loaded and no outs when the Smart Move short stop, Dave Garley, tagged the runner at third, threw the ball to Dave Harriman for an out at second, then Dave threw the ball to first baseman, Fred Mayers, an excellent fielder, for a triple play. Now that's the way to end a softball game!

Our games are on Mondays and Wednesdays at Mahany Field. Come check out the action.

• • •

Croquet Club

BY JANE MCNALLY

This article is dedicated to the memory of our dear friend, Carolyn Miller. Carolyn passed away from a short illness in April. Carolyn and Jim Miller were the pioneers who began the Croquet Club in Sun City Roseville. Through her inspiration



Carolyn Miller

and tireless efforts, she worked with Jim Ferrin to build the beautiful court, the finest in Northern California, we enjoy today. Carolyn served as Club President, and we had a very successful year under her leadership.

When Carolyn lived in Sacramento, she volunteered her time with the Assistance League. After moving to Roseville, she began a Quarterly Bridge Luncheon which was held at the Timbers. Her friends from the Assistance League and her new friends in Sun City enjoyed playing bridge together for many years. Carolyn played a competitive bridge game with several groups in our community.

Carolyn started an Art School in San Francisco, California, which focused on Interior Design. She was a talented artist herself and displayed some of her work in her Sun City home. The lovely décor was welcoming to her friends. Her vast library of books was impressive. So, no surprise that this woman was a great reader. For many years, she was cherished as she participated in a Sun City Book Group of eleven women. Her passing leaves a gap in this group.

The old expression: Ask a busy person to get the job done, fits Carolyn to a tee. She and her husband had time to travel and dine out. Trips were taken to visit relatives. Carolyn had a well earned reputation as a gourmet cook. Carolyn gathered friends to go out for a happy hour once a month.

This smart, sweet, beautiful woman will be missed by husband, family, and friends.

• • •

(more Club News cont' on page 19)

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It's time to schedule your complimentary Relationship Check-up with Relationship Educator and Mediator Staci Bartley. She is currently taking new clients in-person at her Auburn office or remotely over zoom. (Staci is Covid compliant and vaccinated too.)



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Pickleball

BY BOB VERZELLO

It is great to see so many new faces on the courts. Welcome to new members Roberta Campbell and Gary Lynn. And, welcome back to Mary Burns.

It is also nice to see the new wind screens and umbrella that arrived in April. Club president Gene Cochran indicated that more white benches and umbrellas were ordered. Maybe they will have arrived by the time you read this. And, thanks to the efforts of Gary Pyle and Jeff Robinson, we also have our hanging racks back, too.

The Association is hosting a 25-Year Anniversary Celebration event on Wednesday, June 9 and Thursday, June 10 from 10:00AM to 6:00PM and has requested that the Pickleball Clubs cancel play for these days for safety purposes.

They anticipate heavy traffic and a large amount of staff in and around the parking lot and along the walkways by the courts.

Rule clarification: If a receiving player is hit by a ball (or the ball brushes his/her clothing) before it bounces, it is a fault. The opponents score the point. That applies to balls that are still in flight beyond the court's outside lines when it strikes the receiving player. The ball is in play regardless of where it is until it bounces. However, if a ball strikes a permanent object such as the net post, a bench, or the fence while in flight, it is no longer in play and is a fault.

Playing tip: Before calling the score and serving, wait for your partner to get into position. Not waiting puts your team at a disadvantage. It is surprising to see how often a partner is still moving to get into position when the server is hitting the ball.

On the other side of the court, receiving players are responsible for being ready for the serve. However, the rules state they can signal that they are not ready by raising their non-paddle arm, holding up their paddle, or turning their back to the net.

Just for laughs: Wouldn't it be great if we could put ourselves in the dryer for ten minutes, come out wrinkle free and three sizes smaller?!

• • •

SCR Tennis Club

BY DIANE BARNETT

As I write this article early in May, it is a warm sunny day in beautiful Sun City Roseville. Following the announcement that the Lodge will be reopening on June 15th, your Tennis Council has scheduled a Council meeting to plan some wonderful activities and socials for the Tennis Club in the months ahead. Socials, meetings, tournaments, and (hopefully) our traditional 3 days, 2-night adventure to North Star are just a few of the fun activities on the Tennis Council's Agenda. The fact that we will be opening soon is great news and if you have any ideas for future fun in the Tennis Club that you want the Council to know about, consider sending your ideas to one of the Tennis Club Council members. For the benefit of new members and because we seated a new slate of officers just before shutting down, to refresh memories your Tennis Club Council & Committee Representative for 2021-2022 is: Steve Butkovich, President, Anne Burney, VP, Lynne Mellberg, Secretary, Kathy Fowler Treasurer, Linda Gordon, Social Chair, Ray Barnett, Court Usage Chair, and yours truly, Diane Barnett, Publicity. And last but not least, is everyone's "old pal" Bob Buckman who represents the Tennis Club at Sports Activity Committee meetings.

Before closing, I wanted to share an interesting tidbit that I bet most of you don't know. There are Tennis Ball Courts made from recycled tennis balls created by a company that has made the first cushioned court with a shock pad that uses up to 10,000 recycled tennis balls in a single tennis court. Finally, after a tennis ball has had its last bounce, it can be recycled and used as a cushioned tennis court instead of rolling into a landfill. No joke! Talk to you again next month!

• • •

Table Tennis

BY DON WOODS

My Journey in Table Tennis — I believe my journey started in the summer of 1951. I spend almost every day learning to play tennis in order to make the High School tennis team the next school year. I made the team. The following summer, 1952; I was introduced for the first time to Table Tennis. It was intriguing. Table tennis seemed like miniature tennis, only easier. My tennis experience was helpful in

learning to play table tennis. I wanted to learn to play well, so I played all summer, 5 days a week. This had a payoff because I started to play well and beat the better table tennis players. The summers of 1952 and 1953 were completely devoted to table tennis.

The next time I picked up a table tennis paddle to play was in 1963 at the East-West Center of the University of Hawaii. For two years, I played persons from Japan, China, Indonesia, the Philippines and beyond. Playing was extremely challenging because these players all had different ways of serving with different paddle grips and varied styles of playing. At first it was bewildering, coping with all of these various playing styles. I put in much effort learning to be competitive. This tenacity helped me to play with more consistency and be competitive. I was enjoying the game of Table Tennis more and more.

Table tennis was left behind in 1965, until I had the opportunity to play in the 1983 Kent County Michigan Senior Table Tennis Tournament. It had been 18 years since I had played. I wanted to play in the tournament, but I needed a lot of practice after the long layoff. I practiced for a solid 3 months in order to be able to compete. This practice brought back all of the previous experience in table tennis and was very beneficial. In 1965, there were not a lot of senior players so the journey to winning the Senior Kent County championship was made easier.

In 2014, my wife and I moved to Roseville Sun City. It was surprising to find an active group of 40 Table Tennis members. I wanted to be involved as quickly as possible. I found the members to be friendly, accommodating, enthusiastic and having a lot of fun. There were people with different skill levels but everybody was accommodated and enjoying the game.

I had not played in 31 years. I was 79 yrs. It was challenging but delightful to play again. As I started playing, some of what was learned previously started coming back. It was challenging to play some of the very skilled players, but it helped my game playing ability. Some have been encouraging me to play in the National Seniors Tournament. The challenges keep coming at 85 yrs.

Some thoughts: Learning in one sport can be applied to another sport. Once you learn a sport the brain and muscle memory stay with you. It can be activated when playing the sport again.

• • •

Sierra Pines Ladies Golf

BY DEBBIE GEORGE

I hope all of you have taken the time to read Derek's recent email regarding moving forward after California reopens June 15th. His information deals with sharing golf carts, water coolers, ball washers, and bunker rakes, just to name a few points. The Lodge and other facilities will be reopening soon as well. Maybe monthly meetings and other events can finally be scheduled. Our Council has been meeting to determine how to move forward with the second half of 2021. Speaking of our Council, Wendy Suter has recently joined the Board as our new Co-Captain. Thanks Wendy for volunteering for this position.

A big THANK YOU to Kathy Fowler and Karen Shahoian for all their work in setting up our monthly tournaments. This is a very time consuming job and we all appreciate what you do for us.

Tee times in June will start at 7:30 a.m. You will still have the option to sign up for early or late times. We plan to keep this schedule through September.

Most improved golfers for the month of April are the following. 1st flight – Elizabeth Gustafson; 2nd flight – Mary Onodera; 3rd flight – Denise Gilbert; and 4th flight – Pat DeCroix. Way to go ladies!!

We have Birdies and Chip-ins to report for April. Valerie Wilson had a birdie April 7 and April 21. (Awesome). Mary Onodera recorded her birdie on April 28. Chip-ins: April 7 by Valerie Wilson, Gail Riddle and Evon Steele; April 14 by Sharon Lee-Giesser; April 21 by Sharon Young, Kathie DeVito and Ann Waters; April 28 by Mary Onodera, Kyle Vodden and Joy Winston.

On April 21, Annette Eastman broke 50 for the first time. Her score was 49. Congratulations Annette!! She gets a nice pin for that accomplishment.

Happy golfing everyone.

• • •

(more Club News cont' on page 23)



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SUN SENIOR PROFILES *Getting to know you...*

Bill and Marie Ah Fong

(cont' from page 1)

before meeting Marie and marrying her. He was born and raised in Boise, Idaho, the fourth generation of his Chinese family to live in the city. His great grandfather, Ah Fong Chuck, was a Chinese doctor, acupuncturist and herbalist who came to Idaho in 1865 to help to treat the Chinese immigrants who were coming to the United States to work on the railroads. When Ah Fong Chuck immigrated, there was some confusion about his name, but he stuck with the name as revised. Ah Fong means Mr. Fong. Most Chinese last names do not have two words like Bill and Marie's but that has been the case for the family in the United States for generations as they kept the "Ah Fong." Bill's grandfather and father followed in the great grandfather's footsteps as herbalists. Bill's father was brought over as a child, then returned to China for herbalist training. When he returned from China in 1927, he returned with a wife and their first child, Bill's oldest sister.

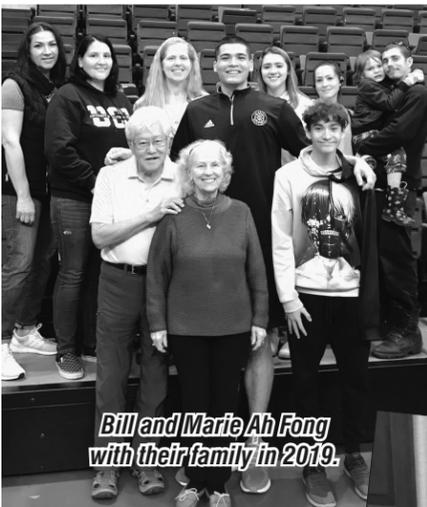
Bill is the oldest son in a family of seven children. Five girls were born first, then Bill and then his younger brother. Three of his older sisters are now deceased but he still has two sisters and a brother. The fact that Bill, while not the oldest child, is the oldest male, played a large part in his life trajectory. Bill moved to California in the 1960s to help to care for his parents that had relocated from Boise. He operated a Chinese restaurant from 1965-1980. Following that he spent a year volunteering doing fundraising for organizations dedicated to the mentally disabled. While working in this capacity, he was involved with Heritage House in San Francisco, and, along the way, met many politicians personally including Willie Brown, Dianne Feinstein (at the time, Mayor of San Francisco), and Barbara Boxer. In 1991, he partnered with two others to start a business that produced high tech ceramic assemblies. In 2000, he became President of the company and retired in 2005.

Since Bill and Marie were some of the first to own a home in Sun City, they have had many years to experience the area. They like everything about it including the landscape, the houses, the neighbors, the golf course,



Marie and Bill Ah Fong

PHOTO BY KEN SHAHOLAN



Bill and Marie Ah Fong with their family in 2019.

the restaurant and the activities. Bill loves golfing and has made three holes in one during his time in Roseville.

Outside of Sun City, Marie thoroughly enjoys her participation in the Daughters of the American Revolution (DAR) and the Honor Society Phi Kappa Phi, and she is a member of Mensa. The DAR is "a lineage-based membership service organization for women who are directly descended from a person involved in the United States' efforts towards

independence. A non-profit group, they promote education and patriotism." The Honor Society of Phi Kappa Phi "is an honor society established in 1897 to recognize and encourage superior scholarship without restriction as to area of study." Mensa is



Marie and Bill Ah Fong—Egypt 2011.

was one to Egypt several years ago during the uprising. They had a hard time leaving Cairo because of airport closures. Most recently, they visited the United Kingdom and France in 2019. Before that they visited South Africa, Kruger National Park and Zimbabwe in 2017.



Marie and Bill Ah Fong—UK 2019.

"the largest and oldest high IQ society in the world. It is a non-profit organization open to people who score at the 98th percentile or higher on a standardized, supervised IQ or other approved intelligence test." By Marie's considerable academic accomplishments, she has proven the early detractors of her who initially discouraged her from attending college by telling her it was not necessary. Marie also enjoys genealogy, sewing and crochet. She has made many intricate and complicated dresses, including some period pieces and her wedding dress for her marriage to Bill. They had the marriage with period outfits at

Roaring Camp in Felton, California. Unfortunately, even though it was a June day, there was rain, so some changes needed to be made. It did not dampen anyone's spirits at the celebration, but provided great memories for the people in attendance.

When the couple is not at home in Roseville, they love traveling. One of their most memorable trips

2016 was an especially busy year when they went on a ten-day cruise to Mexico and a seventeen-day cruise to Asia that included Singapore, Thailand, Vietnam, Shanghai, South Korea and Japan. The interior of their house is a great reminder of their many adventures. They have a horse statue and a bronze statue of a horse and rider that they had shipped back after purchasing it in Morocco. Since Marie loves interior decoration and they have lived in the same home for more than twenty years now, she does miss redoing a home like she did with both condos in Santa Clara.

The Ah Fongs have two beautiful trees in their Sun City front yard. In a way, they symbolize the standing side by side of the loving couple within the house. Even though Bill and Marie came from different backgrounds and had lived quite a bit of life before meeting, they are happy to be together in their later years. They love the community around them, their activities and their many adventures in their well-appointed house with memories from all over the world.



DAR dress made by Marie Ah Fong.

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Neuropathy Relief Is Possible

The most common method your doctor will recommend to treat neuropathy is with prescription drugs. While this may temporarily reduce your symptoms, medications such as Gabapentin, Lyrica, Cymbalta, and Neurontin are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.

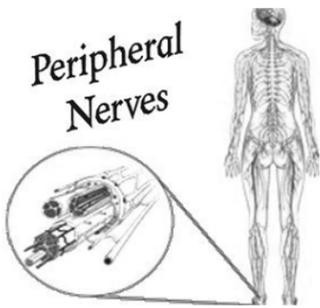


Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves, often causing weakness, pain, numbness, tingling, and the most debilitating symptom, balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet. Every part of the body relies on blood via blood vessels, for oxygen and nutrients. Without it, the body begins to lose function.

As shown in Figure 2, as the blood vessels that surround the nerves become diseased, they shrivel. This prevents the nerves from getting the nutrients necessary to survive. The nerves begin to degenerate and no longer conduct sensation adequately.

When these nerves begin to "die" they cause you to have balance problems, pain, burning, pins and needle sensation, and other symptoms.

Three Factors to consider for Effective Neuropathy Treatment:

1. Underlying cause?
2. Amount of nerve damage sustained?
3. How much treatment is required?

Three goals of treatment at Lincoln Acupuncture:

1. Increase blood flow
2. Stimulate nerve fibers
3. Decrease brain based pain

The main problem is that those with Neuropathy have been given limited options for treatment: medications which often make you feel

sick or uncomfortable, or have to come to terms with the idea of "just living with it." There is now a clinic in Lincoln that offers you hope without worrisome side effects.

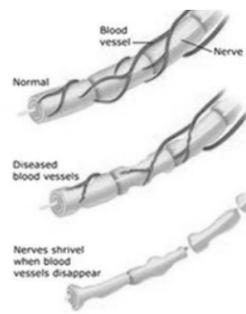


Figure 2: When blood vessels become diseased, they shrivel and are no longer able to provide nourishment to the surrounding nerves.

The treatment to increase blood flow utilizes Acupuncture, ATP Resonance BioTherapy and O3 Regenerative Therapy. Acupuncture helps to stimulate the blood vessels and the peripheral nerves such that they are able to receive proper nutrients needed to heal and repair. Collectively, these treatments function to increase blood flow and expedite recovery and healing.

The amount of treatment needed to allow nerves to fully recover varies from

person to person and can only be determined after a detailed neurological and vascular evaluation.

We will conduct an exam that consists of detailed sensory vascular testing and an analysis of neurological findings. After the exam, you will meet with the practitioner to discuss your results and determine if you are a good fit for our program.

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YOU DON'T HAVE TO JUST LIVE WITH IT

Timber Creek Women's Golf Club
BY BARBARA MILLS

Congratulations to Gail Quintel and Vernita Hillwig who were the overall winners of the Better Ball Tournament held last month. In addition to a nice monetary reward, they will have their names engraved on the 36-Hole Better Ball Plaque. These ladies also won the Better Ball Tournament in 2018!



Better Ball Tournament winners from the Red tees were: Flight #1, Diane Dooley and Barb Wells; Flight #2, Kathi Botelho and Bobbi Dunk; and Flight #3, Vernita Hillwig and Gail Quintel. The winners from the White tees were Sherry Hilger and Peg Mucci. Each winner also received a monetary reward. Congratulations everyone!

We were able to hold our first Council Meeting on April 28 at School House Park to discuss several items of importance for the rest of this year. We hope to have a General Meeting in the near future.

The Most Improved Players for April were: 1st Flight, Marty Boyer; 2nd Flight, Barbara Mastre; and 3rd Flight, Gail Quintel. Our website has been updated to include the Most Improved by Month information after selecting the Handicap Button.

Our Memorial Day tournament, chaired by Gail Quintel, was held on May 26th, a day to remember and honor our friends who passed away in 2020: Chris Brower, Rose Maki, and Sharon Sampson.

The Handicap Tournament will be held on June 2, 9, and 16. It is a fun tournament to

play in so sign up, practice, maybe take a lesson, and bring your best game to the competition.

We bid "fond farewell" to Wally Barr who moved to San Ramon to live with her daughter. Her cheerful and fun personality will certainly be missed.



Wally Barr

• • •
Golden Niners

BY RALPH FRIEND

Change is happening in the Golden Niners. Our Treasurer for many years is stepping down from that position at the end of June.

Our new Treasurer is Ed Underwood who has had 40 years working for Bank of America. He has done several assignments all over Northern California and has spent 12 years assisting in government disaster loans. Ed retired from Bank of America in 1995 and moved to Sun City in November of 1996. Ed has been a member of Golden Niners for the last year. Before that he has been the Treasurer for numerous clubs and organizations. He is an avid fisherman. One of his favorite places to fish is Collins Lake. He and his wife have 6 daughters, 14 grandchildren and 5 great-grand children. We want to thank Ed for volunteering to be the Golden Niners Treasurer/Events Coordinator. We also want to thank Joe Campagna for all his years serving as Treasurer of our club.

Each Tuesday morning the Golden Niners have a small golf tournament at Sierra Pines golf course. The following names are the "big winners" for the month of April: Duane Kuen \$33, Leon Osgood \$31, Howard Frank \$28, Waldon Wiegart \$25, Rick Myre \$24, Robert White \$23, "Bud" Haddix \$22, Allen Greenberg and George Paine \$20, There was a total winnings of \$827.00 paid out to club members who were winners.

• • •

SCR Billiards Club

BY GERRY CRISTONI

The General Membership meeting was held, via Zoom. The meeting was called to order on April 28th at 2:00 pm by President Ben Padilla.

Roll Call: Bruce Ahnberg, Vice President, Gerry Cristoni, Treasurer, Councilmen, Tim Connolly, Ken Neal and Councilwoman Barbara Davis, and addition 15 members. Total members 108, we have a quorum.

Minutes: No corrections to minutes, minutes stand approved

Treasurer Report: Balance reported. No corrections, treasurers report stands approved.

Unfinished Business: None

New Business: Gerry reported that our Welcome Back dinner for all members and guests is temporary booked for Wednesday, July 21, 2021 at 5:30pm. According to the Residents web site, the fitness center and the outdoor pool will open May 10th.

Announcements: Myrna Irwin, our club secretary, is in the hospital. We wish her a speedy recovery. Thank you Barbara Davis for volunteering to be our 3rd council member. Next meeting, via zoom, will be Wednesday, May 26th at 2:00pm

Adjournment: Motion to adjourn by Ken Neal and seconded by Bruce Ahnberg at 2:39pm.

• • •

SCR Bridge Club

BY ANN SWAIN

We are getting closer to being able to share in the game of bridge at the club. Perhaps by next month, I will be able to report on the start of the various bridge games. Sharon Mowry wrote a note to Judith Shivley, our president, but the letter was vague as to the actual starting date for the clubs. In the meantime, many of us will continue to play on line and in various home games.

Bridge Tip of the Month: Captaincy

There are two phases to bidding, the Descriptive Phase and the Captaincy Phase. In the Descriptive Phase, both Players have one responsibility and that is to describe their hands accurately. Neither Player is allowed to take liberties in the bidding nor can he assume control of the auction as to the final contract. Each will give an indication of hand shape.

When one partner defines his point count,

the other becomes the Captain. There are several ways for a player to define the point limits of his hand: (1) by bidding NT at any level, (2) by raising the bidding of a previously mentioned suit, (3) by opening a strong 2Cs, (4) by opening a preemptive bid.

The Captain takes charge of the auction and his partner does what he is told. The Captain remains in charge until the bidding is completed. When it is clear what the final contract will be, the Captain bids directly to it, but if the final contract is not clear, additional information is requested. The Partner of the Captain almost always does as he is told and usually accepts the contract bid by the Captain.

• • •

Mah Jongg Club

BY CINDY SIMPSON

7 Rules of Life

1. Smile - It always works out in the end!
2. Be Kind - You have the power to make people feel good!
3. Don't Give Up - If it doesn't work the first time, find another way!
4. Don't Compare - Everyone is on a different journey!
5. Avoid Negativity - Avoid negative thoughts!
6. Make Peace with Your Past - Focus on being present and creating a better future!
7. Take Care of Your Body and Mind - One struggles to survive without the other!

Please stay tuned as activities are slowly opening up and watch for emails.

We are on hold right now due to the COVID-19, however, when we start again, we typically play on Mondays from 12:30 pm to 3:30 pm and Fridays from 9:00 am to 12:00 pm with lunch in the Timbers Restaurant for whoever wants to join us.

At this time, we have canceled our quarterly luncheons and the classes for beginners. Also, we will not be collecting our yearly dues at this time.

Stay well! Stay safe!

• • •



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Neighborhood Watch/Citizen Patrol

BY LINDA VINCENT

We are ready to get the Citizens Patrol vehicles active again in the community.

That's right, we are getting ready to roll and patrol our streets in Sun City Roseville again, and we need you!

When COVID-19 hit our world, it stopped everything. Keeping everyone safe and healthy was the top priority, and now we are approaching our patrolling with more safety in place.

Citizens Patrol is committed to keeping residents safe, crime low and our property values high. Listed below are duties that are simple:

- 1) We provide high visibility patrolling our neighborhood in marked and signed vehicles.
- 2) We call police on suspicious persons, circumstances and vehicles.
- 3) Call 911 for medical emergencies and wellness checks.
- 4) Assist residents who are disoriented or having vehicle problems.
- 5) Call police for traffic collisions or road hazards.
- 6) Call the Fire Department for fires or dangerous circumstances.
- 7) Resolve matters seeing open residence garage doors.
- 8) Report malfunctioning lighted house numbers or flashing lights.
- 9) Report outages of city street lights.

10) Deliver monthly Courier magazine to shut-in residents.

We are looking for individuals/couples ready to assist in nightly patrols. We send out two cars every night of the year. We are also focusing and encouraging day time patrols due to constant activity throughout our community each day, i.e., contractors, landscapers, delivery trucks, etc.

If you were one of our valuable volunteers before COVID affected our world, we want you back! Many of you have patrolled for many years – some were new to the program – but – we want and need you back for patrol!

If you haven't been a part of this rewarding program in our community, we will train you and send you on your way to watch over our community. Don't be afraid to step up – patrol with a friend/partner and get familiar with our community.

Contact Neighborhood Watch/Citizens Patrol office to get started – neighborhoodwatch@scrca.org / citizenspatrol@scrca.org

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Residential Food Recycling

(cont' from page 11)

in the City's organics collection program, developed and implemented in 2016. Your Waste Services utility is working on program elements for a residential program.

"Organics waste reduction and food recovery mandates, driven by Senate Bill 1383 regulations, are the most significant changes that we have seen in three decades," said Devin Whittington, refuse and stormwater utility manager. "We are evaluating program options that do not significantly change the way our residential customers interact with our service while also complying with state regulations."

Right now, our Waste Services utility is conducting pilot testing in several residential communities. The purpose of this pilot is to see and understand the real-world conditions of introducing a new recycling bin and having customers use their green waste bin for both green and food waste. Customers would continue to use their black container for nonfood and recyclable materials.

We do not have data to suggest an approach, but it will be determined by late summer/early fall. For questions or comments, please contact Roseville Environmental Utilities at 916-774-5780.

Roseville Water Customers Urged to Voluntary Conserve 10 Percent to Manage Drought Conditions

BY MAURICE CHANEY, Public Information Officer Environmental Utilities

Given the Governor's Executive Order declaring a statewide drought last month, Roseville encourages customers to reduce their water use voluntarily by 10 percent. This action will allow us to preserve storage in Folsom Lake, minimize water supply impacts as we approach the fall and winter months, and safeguard obligations Roseville and other water providers have made to protect the environment and the Lower American River.

"Our water supplies are reliable and diverse given our long-term investments and partnerships and can meet the needs of our customer base today," said Sean Bigley, assistant director of water. "The persistent dry conditions have the potential to impact storage over time in Folsom Lake that could affect regional water supplies and water needed for the environment. Because of this, we are encouraging customers to take action now."

Customers can make small changes in their household water use to achieve this suggested reduction. Much of this can be accomplished in customers' yards, where most household water use occurs in the Sacramento region—and especially during the summer months.

"In addition to our call for water conservation, we will increase our groundwater use to offset surface water this summer," Bigley added. "We prepare for times like these and

will leverage our more than 15-year investment in groundwater this year by turning our groundwater wells on as a prudent measure to preserve water levels at Folsom Lake."

Roseville will use its six groundwater wells to meet customer demands partially. Groundwater usage will allow us to offset between 8 and 20 percent of surface water from Folsom Lake, which can keep lake levels high, be used elsewhere in the region, and is an approach to meet our commitment to the environment.

Roseville is committed to ensuring reliability now and into the future by expediting key projects that will increase access to surface and groundwater supplies. Through our partnership with Placer County Water Agency, we are working actively to develop new pipelines and expanded interties that will allow us to convey water from the upper American River to reduce reliance on Folsom Lake infrastructure.

We have planned additional groundwater wells over the next five years to double the number of wells we currently have online. Given drought conditions, we plan to expedite two groundwater well projects within the next 18 to 24 months to bolster groundwater capacity. This will increase our ability to access more groundwater in dry conditions or bank water in times of plentiful surface

water supplies.

Customers can schedule a Water Wise House Call, or learn more about rebates at www.roseville.ca.us/savewater or by visiting bewatersmart.info for additional water-saving information.

Astronomical Events for June

BY BILL WEAVER

June 10: New Moon – the Invisible Phase

The New Moon is when the Sun and Moon are aligned, with the Sun and Earth on opposite sides of the Moon. As New Moon nights are dark, they are often the best time to view other celestial objects like planets, meteor showers, and deep sky objects such as star clusters, nebulae, and galaxies.

June 10: Annular Solar Eclipse — People in northern Canada, parts of Greenland, and northeastern parts of Russia will be treated to the "ring of fire" that annular solar eclipses are famous for as the New Moon covers only the Sun's center. Those in Northern Asia, Europe, and the United States will only see a partial eclipse.

June 21: Summer Solstice — This is the summer solstice in the Northern Hemisphere, where it is the longest day of the year. In the Southern Hemisphere, it is the winter solstice and the shortest day of the year.

June 24: Strawberry Moon — June's Full Moon is often called the Strawberry Moon, after the wild strawberries that start to ripen during early Summer. Other names of this Full Moon are Rose Moon, Hot Moon, and Mead Moon.



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Citizens Patrol –

(cont' from page 3)

traffic control at special events, July 3rd event, which will probably return, golf cart parade, and other special events. By utilizing CP volunteers for these activities, police and sheriffs are able to spend more time on patrol and focus on law enforcement.

Citizens Patrols mission is all about prevention - keep people safe, keep crime down, helping our community to be a safe place to live.

Please contact the Neighborhood Watch/CP Office to get your application processed to volunteer for this worthy service in our community. (neighborhoodwatch@scrca.org or citizenspatrol@scrca.org) or call 916-774-3817/916-774-3853

We can't let this program disappear, it is too important for our safety.

Lynne Mellberg and Kathy Phillips

• • •

Elections for Two Positions

Elections for two positions on the Sun City Board of Directors begins in less than three weeks. The Sun City Action Committee (PAC) fully endorses the two candidates running for office, John Raniseski and George Porter. Both candidates have served on the board for multiple terms. They also served as board presidents, chaired several standing committees, work groups, and special project study groups.

Both candidates are civic minded, work well with others to further the best interests of SC residents. Their leadership, listening skills, and ability to get projects and services to the community completed through consensus building is what makes these two candidates so qualified for office.

Please give your vote and support for John Raniseski and George Porter.

Jeff Holland

• • •

A Message from the SCR Volunteer Support Group: Committee Applications Now Being Accepted

Would you like to help build community unity, make a difference, get to know fellow residents and make new friends, influence positive change, and have some fun? Join a Committee - Applications are now being accepted!! There are openings on the Ambassador, Architectural Review, Chartered Clubs, Compliance, Elections, Finance, Golf, Properties, and Sports Activity Committees.

Our dedicated volunteers continue to make Sun City Roseville the "Premier Active Adult Community" in Northern California through their service within our community. Volunteering protects property values, helps maintain the great quality of life we enjoy in our community, and it's a great way to give back. Did you know that our 315 dedicated volunteers provide over \$850,000 in service to our Association each year?

Applications are available on the SCR website (see SCR Volunteer Tab on the Announcement page) and at the June Courier table. Detailed information on each of the Committees may be found on the website and a brief description is shown on the back of the application. Check out the Committee descriptions and responsibilities to find one that's a perfect fit for you. Completed Applications may be placed in the Drop Box until June 18 at Noon.

"Step Up and Make a Difference"

Volunteer Support Group Members:
Sharon Mowry, George Porter, Shontell Munoz, Kathy Casten, Shirley Conzelmann, Dee Franz, and Darleen Hegerle

• • •

*Send your letters to the editor...
Email: egnews@egnews.com*

17th Annual Voices of Lincoln Poetry Contest — Poets Wanted! Enter Now!

The 17th Annual Voices of Lincoln Poetry Contest began in April, as part of the celebration of National Poetry Month. The theme of this year's contest is "If Life Were A Game Show, What Would Poets Say?" The five (5) new contest categories, selected from the names of popular TV game shows, include the following: "Let's Make A Deal" "To Tell The Truth" "The Price Is Right" "Family Feud" "Who Wants To Be A Millionaire." Poets may submit a maximum of three poems, no more than one in each of three of the five contest categories.

Poems may be in rhyme, free verse, Haiku or other accepted poetry forms and of any length, up to a maximum of 60 lines.

Everyone is encouraged to enter the contest. Poets do not have to live in Lincoln to be eligible. There is no entry fee. Young Poets, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category.

The "Rules and Entry Form" can be downloaded from the following website:

<https://friendsofthelincolnlibrary.org/voices-of-lincoln-poetry-contest/> or blog: <https://slolowe44.blogspot.com/2021/03/2021-voices-of-lincoln-poetry-contest.html>.

Poems should be written in English. They should be typewritten and not centered. Please use the Arial font 12-point. The title should be

listed at the top of the poem and the category should be included at the top right corner of the poem page. The name of the poet should not be included on the poem. Entry Forms must be received no later than Tuesday, July 20, 2021. Early submissions are appreciated. If you have questions, please contact Alan Lowe, Contest Coordinator, at slolowe@icloud.com.

Winners will read their poems on Sunday, October 10, 2021, at the Voices of Lincoln Special Event to be held from 3:00 to 5:30 p.m., at the Lincoln Public Library in Lincoln, CA, if health conditions allow the event to take place. Winners who are unable to attend the event will have their poem(s) read by a member of the Poets Club of Lincoln. Winners will receive a commemorative chapbook of the winning poems.

The Voices of Lincoln Poetry Contest is presented by the Poets Club of Lincoln and is sponsored by the Lincoln Library and the Friends of the Lincoln Library.

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My Story Continued

My wife worked at senior living facilities as an activity director for many years, so we decided to start leading chair aerobic classes at many different SLF locations. This is where we ran into an opportunity to manage a SLF in the state of Washington. We accepted the position of live-in managers. With all expenses paid and a modest salary, we thought we could do this until we retired. So, we left our grown children behind and moved to Bothell, WA. After eight months into our assignment, we were notified that our first grandchild was on the way and we were asked to come back and be a part of their lives. How do you say no to that?

We made a one year commitment to our job, so we had 4 months to figure out what's next. This is when I began studying real estate in California. When we got back here, I passed my licensing exam & I became a Real Estate Agent. My career began with new home builders. I worked for four different builders because you always have to find your next location after you sell out. Between assignments, you are not working or getting paid so I switched to a new broker and started selling residential homes throughout Sacramento & Placer County.

My wife and I have purchased & sold 17 homes, that we have lived in throughout the years. Not only do I help others buy & sell homes, but I've been the buyer & seller myself many times. This gives me the widest range of knowledge to help me understand exactly what you go through on all sides of real estate.

We now have two granddaughters that we get to see on a regular basis which brings much joy in our lives. Living in Sun City Roseville is a wonderful lifestyle for us. We have joined many clubs and volunteered for many services here. I am the manager for one of our softball teams and I belong to the men's golf club.

For all the years I have been in business and worked for others, I would have to say that my best assets are my listening skills and my old fashion customer service. In a world where this is becoming a lost art, it still exists in a few of us.

In real estate, "I love what I do and you will too."

Your "PAL" in Real Estate

SCR Foundation

(cont' from page 1)

be available, we suggest that you check the Foundation website, available in the Resources column of the main website, www.scred.org or go directly to the Foundation website, www.scrfoundation.org. Watch for updates on the reopening schedule and, once we announce that the Home Maintenance teams are back in action, you can file a service request online or call 916-774-9040, speaking clearly leaving your name and phone number and a brief message. A phone volunteer will call you back to help you file your request.

We've mentioned volunteers several times here, so let's talk about our need for new team members to join the teams. The program maintains six teams of two people; each team takes a week of assignments on a rotating basis. Some past team members have either moved or decided that they have aged out of this work so we now need to replace them. Team members are partnered so that at least one volunteer can climb a ladder. Both members of each team should be able to make minor plumbing and electrical repairs and replace ceiling bulbs, smoke alarms and batteries for the carbon monoxide and smoke alarms. The team members find satisfaction in performing these helpful repairs/replacements and find the work enjoyable. If you fit this mold, whether a male or female, we invite you to contact Director Doug Smoot at drlove@comcast.net or phone him at 916-532-0332 and he will

be happy to discuss this with you. We hope you will join us!

As mentioned last month, we are also seeking residents who might wish to join the Foundation Board in the roles of Public Relations Director, Golf Tournament Organizer and Special Programs Director. Each role has specific duties, but the Foundation Board as a whole, supports the work of each Director as needed. If interested, contact Toni Fisher at tonifisher2@gmail.com or call 916-783-0327.

Sons In Retirement Branch 13

The Lincoln branch of Sons In Retirement will hold a three course gourmet luncheon at Catta Verdera on Tuesday, June 15. Arrive by 11:30AM. All attendees must wear masks upon entry, must have a vaccination card that shows the last vaccine at least two weeks prior to June 15 or proof of a negative Covid test within 72 hours of the luncheon, and all attendees must sign a liability waiver upon entry. Cost is \$20. If you are interested in coming as a guest or in joining the Lincoln branch of SIR, call Chet Winton 916-408-8708.





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Observations

BY MARTIN GREEN

A little more on the pandemic: In last month's "Observations", I noted that one of the things I discovered, or re-discovered, during the pandemic was the front porch of our house and wrote that it was a nice change to do some porch-sitting instead of being inside the house. I think I've also mentioned here that Beverly and I have re-discovered School House Park and have gone there as often as we could during the long stay-at-home period.

I recently came across an article (by Jason Gay in the Wall Street Journal) headlined "Hot New Fitness Product: The Outside" that seemed relevant. The article starts: "Hey, everybody, so I've been trying out an exercise product this spring, and I have to say, it's a little bit old school. It's not advertised on television, it's not a heavily hyped idea from a Silicon Valley unicorn, it doesn't have a touch screen, or any kind of screen, it doesn't employ a celebrity spokesperson, it doesn't come by truck, it's not expensive, and it requires no down payment or subscription. It's called the Outside."

The article goes on, to use the Outside "all you have to do is open the front door, and there you are, outside. That's it. No mess, no fuss, no complicated instruction manual, no charger, no batteries...."

The article goes on in that vein, but you get the idea. Before the pandemic most of us routinely went outside without giving it much

thought. Now we've discovered it's really a good thing to get out and I hope we can continue doing so.

Another article (also by Jason Gay in the Wall Street Journal) which is kind of related was headlined: "The Thrilling, Totally Boring, Adventures of the Newly Vaccinated." The article starts by citing texts Mr. Gay has received from friends that he says read "like notes from brave explorers on faraway adventures." They include flying on an airplane, riding in a train and being at a ballpark. One says: "I sat inside a restaurant. Incredible. I nearly wept when they brought me the menu."

I haven't been on an airplane or train or at a ballpark, but after getting the vaccine I have been to our Timbers Restaurant and while I didn't weep when Nicole brought the menu, I found it a pleasant experience. Like the simple act of going outdoors these adventures, as Mr. Gay writes, are "ordinary events we used to take for granted," but as he further writes "They feel like a hopeful sign. We're not yet back to normal---who knows how long that will take, and what normal will be like when we get there---but more and more people are vaxxed and feeling better about a cautious return to old haunts and habits."

The article goes on to say that social media "teems not only with proud post-vaccination selfies but also "first-time-in-a-while announcements" and it ends by saying that "the best stories are hug stories." My first time in a while announcement is that I went to our local Safeway, pretty exciting, and also to the dentist, not too exciting but necessary.

And one of our sons, who's been "vaxxed," recently came over and yes, we did the hug thing. I hope that in the near future such events, like going outside, will once again become a normal part of our lives.

LLA's and TGH's: I haven't written about Life's Little Annoyances (LLA's) or Things Guaranteed to Happen (TGH's) for a while but, pandemic or no pandemic, these haven't gone away and probably have gotten even worse. The robocalls keep coming and now we routinely ignore the telephone ringing. I hope we haven't been missing any genuine calls. I thought Congress had passed some legislation cutting down on robocalls, but if they did it hasn't worked. Almost as bad are the e-mails saying there's a problem with paying for your Amazon purchase, or your Apple account, or that your Yahoo account is about to be shut down. These are also routinely ignored and so far nothing terrible has happened.

Reading: I suppose all this is the price you have to pay for living in automated times. During the last year, like many people, I've used a lot of my enforced stay at home time to read a lot of books. I wrote, a long time ago, that I hoped online books would not replace real books that you could hold in your hand. I have to confess here that, libraries being closed, I've learned that I could enjoy reading books online. It seems that a good book is a good book, no matter in what form.

In connection with this I've somehow been receiving daily e-mails from something called Early Bird Books and, unlike almost all unsolicited e-mails, these have been very useful

as they've offered books at very low cost, usually two or three dollars, by many authors I like. I recently read a three-volume autobiography by journalist and early radio broadcaster William Shirer. He was stationed in Berlin before and during WWII and wrote "Berlin Diary" and "The Rise and Fall of the Third Reich." The books brought back a lot of memories as they mentioned names like Edward R. Murrow, Fred Friendly, Eric Sevareid, H.V. Kaltenborn, James Thurber, John Gunther and unfortunately Joe McCarthy. It was also scary in making me remember how close the Nazis came to winning the war after conquering all of Europe except England. In any case, if you like to read I recommend getting on the Early Bird Books e-mail list.

Quora: Another e-mailer that recently found me is called Quora and it usually poses some question about aging such as, "How can I live to 100?", "How can I stay active?", "Why do people get grumpier as they get older?", and, "How do older people without children cope with loneliness?". There are also questions like, "What is the meaning of life?", and, "Is there life after death"? Then there's an answer by someone and sometimes they're pretty interesting.



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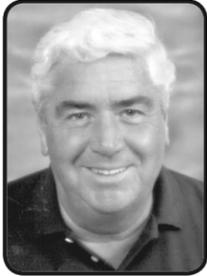
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